

# LINFIELD

ATHLETICS

## MIDDLE SCHOOL F.A.Q.S.

Athletics is thrilled to offer numerous sports to middle school student-athletes. Our goal is to give student-athletes the opportunity to try multiple sports, and allow them to compete in overlapping sports seasons, especially in the sports that do not conflict in high school.

**ATHLETIC FEES: \$200 Per Sport / Tackle Football - \$275**

### SEASONS OF SPORT

#### FALL AUG-OCT

- Cheer
- Cross Country (B&G)
- Tackle Football
- Volleyball (G)

#### WINTER (A)\* NOV-JAN

- Baseball
- Softball
- Tennis (Coed)

*\*Athletes must choose ONE sport during Season (A). Athletes MAY participate in Season (B) once Season (A) has ended.*

#### WINTER (B) DEC-FEB

- Basketball (B&G)

#### SPRING MAR-MAY

- Soccer (B&G)
- Golf (Coed)
- Track (Coed) - May

*\*Athletes must choose between soccer & golf. Soccer athletes MAY participate in track after soccer season ends. Golf athletes MAY NOT participate in track as the seasons overlap completely.*

### SCHEDULES

Schedules can be found in two places:

#### (1) MyLinfield Calendar

- Games, Practices, Dismissal and Depart Times, Game Locations and Addresses, and Game Changes

#### (2) Athletics Website - [www.linfieldsports.com](http://www.linfieldsports.com)

- "Calendar" Tab has all game schedules on one calendar with date, time, and opponent
- Individual sports pages are linked to Maxpreps schedules

*For more information on how to navigate MyLinfield, see the MyLinfield Athletics Access Guide on [www.linfieldsports.com](http://www.linfieldsports.com) under the "Resources" tab. We ask that parents be mindful in regard to schedule operations as the turnover of sports seasons is quick. Schedules cannot be created until the number of teams are known within the league. As soon as Athletics receives schedule information, it will be communicated to coaches and published on the website.*

### TRANSPORTATION

Transportation is the responsibility of student-athletes' parents in partnership with LCS. A coach or team parent may help facilitate transportation by coordinating rides. Parents must be Linfield approved drivers to drive student-athletes other than their own. Instructions on how to become an approved driver can be found under the "Forms" tab at [www.linfieldsports.com](http://www.linfieldsports.com).

#### SIGN OUT PROCEDURE

Student-athletes are to sign out in the middle school office on any early dismissal game day, for BOTH home and away games, PRIOR to going to the locker room to change into their uniforms.

### APPAREL

#### UNIFORMS

- The following sports receive school issued uniforms that are to be returned to the Athletic Dept. immediately after the final game of the season:

- |                   |               |
|-------------------|---------------|
| *Baseball         | *Soccer (B/G) |
| *Basketball (B/G) | *Softball     |
| *Cross Country    | *Volleyball   |
| *Tackle Football  |               |

- Student-athletes are responsible for all uniform items checked out to them. If any items are lost or damaged, the student-athlete's account will be charged for the price of the items.
- Uniforms are NOT available for purchase.

#### PARTICIPATION SHIRTS

- Each sport will receive a participation T-Shirt, free of charge (with the exception of cheer, baseball, and golf).
- Participation shirts serve as game-day uniforms for the following sports:

- |                |                           |
|----------------|---------------------------|
| *Tennis (Coed) | *Baseball - receives hats |
| *Track (Coed)  | *Golf - receives hats     |

#### GAME DAY ATTIRE

- Student-athletes may wear their athletic uniform top to school with their school uniform bottoms on HOME game days only.
- If the athletic uniform is a tank top, a t-shirt must be worn underneath.

### COMMUNICATION

#### FROM ATHLETIC OFFICE

- Parents will receive emails from the Athletic office regarding:
  - Start of season dates, tryouts, times, locations, etc.
  - Athletic event information (i.e. Midnight Madness, All-Sport Physicals etc.)

#### FROM COACHES

- Parents can expect to receive information from the coaches regarding:
  - Practice times/locations
  - Team specific information
- The form of communication varies from team to team whether it be through emails, Remind, Team Snap etc.

#### CHANGES/CANCELLATIONS

- Any changes or cancellations to games/practices will always be made by 2:00 pm on that day.
- Student-athletes will hear about changes from the middle school office.
- Parents will receive notifications from MyLinfield and may also receive communication from the coach/team parent.

### CLEARANCE

In order to be cleared for athletic participation, student-athletes must complete the following:

#### (1) ONLINE ATHLETIC CLEARANCE

- Renewed each academic year
- Completed on MyLinfield

#### (2) CURRENT PHYSICAL ON FILE

- Renewed one year from the date of exam
- Emailed to [sportsphysical@linfield.com](mailto:sportsphysical@linfield.com) or dropped off in the Athletic office

*For questions regarding clearance, contact Athletic Trainer Chloe Gault at [cgault@linfield.com](mailto:cgault@linfield.com).*

