

# LINFIELD

## ATHLETICS

# HIGH SCHOOL F.A.Q.S.

**ATHLETIC FEES - \$300 Per Sport / Football - \$400**

## SEASONS OF SPORT

### FALL JULY-NOV

- Cheer
- Cross Country (B&G)
- Football
- Tennis (G)
- Volleyball (G)

### WINTER NOV-MAR

- Cheer
- Basketball (B&G)
- Soccer (B&G)

### SPRING FEB-MAY

- Baseball
- Golf (Coed)
- Lacrosse (B)
- Softball
- Swim\*
- Tennis (B)
- Track & Field (B&G)

*\*Swimmers that compete in club swim and/or have a personal coach have the opportunity to compete in the Ambassador League, earn a varsity letter, and qualify for CIF postseason. Linfield does not have a swim team or pool.*

## SCHEDULES

Schedules can be found in two places:

#### (1) MyLinfield Calendar

- Games, Practices, Dismissal and Depart Times, Game Locations and Addresses, and Game Changes

#### (2) Athletics Website - [www.linfieldsports.com](http://www.linfieldsports.com)

- "Calendar" Tab has all game schedules on one calendar with date, time, and opponent
- Individual sports pages are linked to Maxpreps schedules

*For more information on how to navigate MyLinfield, see the MyLinfield Athletics Access Guide on [www.linfieldsports.com](http://www.linfieldsports.com) under the "Resources" tab.*

## TRANSPORTATION

Transportation is provided by Linfield Athletics with the occasional need for parents drivers. Most teams travel by bus, while a few travel in school vans.

Ambassador League schools are between 45-90 minutes away (without traffic), so athletes are often home late from games depending on the game time.

#### SIGN OUT PROCEDURE

Student-athletes are to sign out in the athletic office on any early dismissal game day, for BOTH home and away games, PRIOR to going to the gym parking lot. Athletes who do not sign out will receive an unexcused absence.

## APPAREL

#### UNIFORMS

- The following sports receive school issued uniforms that are to be returned to the Athletic Dept. at the conclusion of the season:

- |                   |               |
|-------------------|---------------|
| *Baseball         | *Soccer (B/G) |
| *Basketball (B/G) | *Softball     |
| *Football         | *Volleyball   |
| *Lacrosse         |               |

- Student-athletes are responsible for all uniform items checked out to them. If any items are lost or damaged, the student-athlete's account will be charged for the price of the items.

- Uniforms are NOT available for purchase.

#### PRIDEPACKS

- Pridepacks are team spirit wear including but not limited to t-shirts, shorts, sweatshirts, sweatpants, socks, backpacks etc. Some items are required to purchase while others are optional. The average cost is \$275 per sport. Uniforms for the following sports are included in their pridepack:

- \*Cross Country \*Golf \*Tennis (B&G) \*Track & Field (B&G)

#### GAME DAY ATTIRE

- Student-athletes may wear their athletic uniform top to school with their school uniform bottoms on HOME game days only.

- If the athletic uniform is a tank top, a t-shirt must be worn underneath.

## CLEARANCE

In order to be cleared for athletic participation, student-athletes must complete the following:

#### (1) Online Athletic Clearance

- Renewed each academic year
- Completed on MyLinfield

#### (2) Current Physical on File

- Renewed one year from the date of exam
- Emailed to [sportsphysical@linfield.com](mailto:sportsphysical@linfield.com) or dropped off in the Athletic office

*For questions regarding clearance, contact Athletic Trainer Abby Knight at [aknight@linfield.com](mailto:aknight@linfield.com).*

## COMMUNICATION

#### FROM ATHLETIC OFFICE

- Parents will receive emails from the Athletic office regarding:
  - Start of season dates, tryouts, times, locations, etc.
  - Athletic event information (i.e. Midnight Madness, All-Sport Physicals etc.)

#### FROM COACHES

- Parents can expect to receive information from the coaches regarding:
  - Practice times/locations
  - Team specific information
- The form of communication varies from team to team whether it be through emails, Remind, Team Snap etc.

#### CHANGES/CANCELLATIONS

- Any changes or cancellations to games/practices will always be made by 2:00 pm on that day.
- Student-athletes and parents will be notified by the coach and/or receive notifications via MyLinfield.